

Clota Cottage
Neighbourhood House
Social Support Newsletter

Term 1 2020

98990062



Welcome back to Clota Cottage for 2020, and also a warm welcome to Connie Wong our new Tai Chi Instructor. As it is very gentle, some of you may wish to try a Tai Chi class. You are most welcome to attend at 10:15am.

Monthly Activities



Thank you to everyone who attended our first lunch of the year at Warrandyte Stone House café, during mid-January. It was a large group, and very enjoyable. This was followed by lunch at Blackburn Hotel on our first day back.

Based on your feedback I have prepared the list of films for the year. We now have a larger TV screen; hence screenings will take place in the old child-care room. In relation to excursions this year, we are intending to devote a Thursday of each term to a bus excursion where appropriate, and hence there will be no exercise classes on those days. This term we will have a tram trip to Port Melbourne, on a Monday.

Briefly, the bus has been booked on April 30 to Alowyn Gardens in the Yarra Valley, with lunch at a Winery; and October 8th

for Rhododendron Gardens, Olinda. There will be minor trips organized at a later date during the year.

Also the Christmas Party at Clota Cottage will be on November 30th and last day of classes for the year on the 10th of December.

As Morning Melodies at Cherry Hill Tavern are now on a Tuesday, for this term there will be no Clota Cottage staff attending, however I will be able to book a table for you if required.

As discussed at Warrandyte our Lunch and Learn session is a “Who Am I?” photo competition. Please see separate flyer & collect your blank envelope.

I will also be doing the review of your Goal Directed Care Plans this term.



Milka Boshnakoff

12th March

Beryl Shawyer

15th March

ACTIVITIES

January 2020			
Thursday 16 th		Warrandyte Stone House Café	Completed
Thursday 31 st		Blackburn Hotel	Completed
February			
Wednesday 19 th	Clota Cottage	In-House Movies 12pm Light Lunch; \$3	Top End Wedding
March			
Monday 2 th	Port Melbourne	Tram from Box Hill, leaving around 10:30am from Wharton Rd (or Banool Rd) Box Hill Lunch at Port Melbourne	Requires Myki Card If weather inappropriate, then lunch possibly at the Casino
Tuesday 10 th No staff will be attending, but I can book for you	Cherry Hill Tavern 195 Reynolds Rd, Doncaster 03 9841 8122	Morning Melodies 10am; Morning Tea, Show, & 2 course lunch \$15.	Vincent O'Connor – All Irish Affair (as per last year)
Thursday 12 th	Clota Cottage	Lunch & Learn 1 – 3pm Light lunch; Gold coin donation	Photo Competition Bring along a photo when you were around 20 years of age
Wednesday 18 th	Clota Cottage	In-House Movies 12pm Light Lunch; \$3	Downtown Abbey
Thursday 26 th	Doncaster Inn 855 Doncaster Rd, Doncaster	Lunch 1:15pm	9848 1622
April Term 2			
Thursday 16 th	Clota Cottage	Exercise Classes Resume	
Monday 20 th	Clota Cottage	Cards Resume – Term 2	
Thursday 30 th	NO EXERCISE CLASSES	Bus Excursion	
Term 4			
Monday Nov 30 th	Clota Cottage	Christmas Party	
Thursday Dec 10 th	Clota Cottage	LAST DAY OF TERM	